## HAVE YOU BEEN FEELING:

Sad and down?

Low in energy?

Unable to concentrate on schoolwork?

Irritable or restless?



Tearful and moody?

No joy in your life?

## THIS COULD BE MORE THAN THE BLUES-YOU MAY BE DEPRESSED

## GET A FREE SCREENING FOR DEPRESSION

## GET FREE INFORMATION ABOUT CAUSES, TREATMENT & MORE.... IT ONLY TAKES 5 MINUTES

WEDNESDAY, OCTOBER 9, 2013 MAIN CLASSROOM

> ROOM 104 10 a.m. ~ 2 p.m.

This event is open to CSU Students, faculty and staff For More Information call 687-2277 Sponsored by: The Counseling & Testing Center